



Code of Expectations for Participation in Sports and/or Extracurricular Activities

District School Board Ontario North East is committed to all students feeling welcome to all activities. We aim to offer positive group and team-building activities that respect the dignity, safety, and well-being of individuals, including their right to participate voluntarily without any pressure.

To this end, all parties (teachers, coaches, volunteers, chaperones and students) must recognize that their participation in sports and/or extracurricular activities is an extension of the classroom. For this reason, all parties have a duty to conduct themselves in a reasonable and acceptable manner. They are to avoid all conduct and practices which are not in keeping with District School Board Ontario North East's policies and vision.

Any action that would reasonably be expected to significantly disrupt or interfere with preparation or participation of a student in sports or extracurricular activities cannot be tolerated.

Therefore when participating in sports and/or extracurricular activities, all parties have a responsibility to:

- Maintain and enhance the dignity and self-esteem of other individuals by demonstrating respect for fellow parties regardless of body type, athletic ability, gender, ethnic or racial origin, age, religion, disability, sexual orientation or economic status. For further information see our *Equity and Inclusive Education Policy No. 1.2.23*
- Refrain from any behaviour that constitutes harassment i.e. comments or conduct directed toward an individual or group, which is offensive, abusive, racist, sexist, degrading or malicious. For further information see our *Violence Prevention Policy No.2.1.7*.
- Refrain from participating in (or supporting) behavior that constitutes bullying i.e. repeated and aggressive behaviour directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self-esteem, or reputation. For further information see our *Safe Schools: Student Discipline, Bullying Prevention and Intervention Policy No. 2.1.18*.
- Refrain from participating in (or supporting) behavior that constitutes hazing i.e. any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate. For further information visit: <http://hazingprevention.org/> ; <http://www.stophazing.org/> ; or <http://www.insidehazing.com/> .
- Refrain from participating in (or supporting) behavior that constitutes sexual harassment such as unwelcome sexual comments, advances or conduct of a sexual nature. For further information see our *Violence Prevention Policy No.2.1.7*.
- Respect the property of others and not wilfully cause damage. Any expense related to property damaged with intent will be the responsibility of the student and/or their parent/guardian. For further information see our *Code of Conduct Policy No. 2.1.6*.
- Abstain from the use of alcohol, illegal substances and performance enhancing drugs.
- Participate and appear on time for all competitions, practices, training sessions, events, activities, meetings and projects to which the student has made a commitment, unless ill or have been excused, in advance, by the teacher, coach, volunteer or chaperone.



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- Refrain from unsportsmanlike conduct with any official, coach, student-athlete or spectator such as taunting, refusing to shake hands or using profane language or gestures.
- Dress in a manner representative of District School Board Ontario North East.
- Adhere to all additional rules as outlined by teachers, coaches, volunteers and chaperones of District School Board Ontario North East.

PARTIES THAT ENGAGE IN BEHAVIOR THAT VIOLATES THIS CODE OF EXPECTATIONS MAY BE SUBJECT TO SANCTIONS INCLUDING, BUT NOT LIMITED TO, REMOVAL FROM THE SPORT and/or EXTRACULICULAR ACTIVITY THAT IS ASSOCIATED WITH DISTRICT SCHOOL BOARD ONTARIO NORTH EAST.

ANY INQUIRIES REGARDING THIS CODE OF EXPECTATIONS SHOULD BE DIRECTED TO THE SCHOOL COACH/TEACHER, AND FOR ISSUES NOT EASILY RESOLVED, TO THE PRINCIPAL.

I have read and understood the above statements and agree to conduct myself in a manner that demonstrates the standards of District School Board Ontario North East.

School _____

Student's Last Name (Please Print) _____

Student's First Name (Please Print) _____

Team/Extracurricular Activity: _____

Year: _____ Date: _____

Student's Signature:

Date:

Parent/Guardian Signature:

Date:

Coach/Teacher Signature:

Date:

The signed document is to be submitted to the coach/teacher and forwarded to the Principal prior to participation in any sport or extracurricular activities associated with the District School Board Ontario North East.